

Listen to track 18 from students book page 51, and think about the following statements

TRACK

18

2.

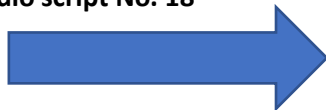


Listen »

Jaime and Andrea want to help their friend Nicolás. Listen and note down the sections of the webpage they discuss. Then, listen again and tick the ideas (a–e) they discuss.

- a. Read real stories about people with eating disorders.
- b. Get in touch with a psychologist or a health specialist.
- c. Share Nicolás's personal story online.
- d. Invite him to go to the Health Fair.
- e. Talk to his family about the problem.

Audio script No. 18



Audio Script

18

Andrea: What's wrong?

Jaime: Well, I think my best friend has an eating disorder. I want to help him but I don't know how.

Andrea: Umm, Well, there's a page on the school website about eating disorders. Let's have a look. There's of information on here, and stories of real people who have had these problems. This is great!

Jaime: Yeah, and look here. You can make an appointment to speak with a psychologist or a specialist doctor. I think we need to tell an adult about Nicolás. I'll make an appointment right now.

Andrea: Yeah, it's the best thing to do. We could all go together to the Health Fair next week, too – so he knows he isn't alone.

Jaime: Good idea!

SCHOOL'S WEB PAGE

Kennedy School International Week of Eating Disorders

HEALTH NEWS
Health Ministry reports half the population of Colombia is overweight.
Do you often have headaches? Do you feel low in energy? Are you worried about obesity? Get a health check! Read more: Colombianews.com

Doctor speaking!
What is an eating disorder? Talk to the health specialist!
Telephone: 364-555-896

HEALTH CHECKLISTS
Not sure if your friend has an eating disorder? Use these checklists to find out.
Helping you prevent: Anorexia, Bulimia, Binge-eating

Join us! Show you care!
Health Fair 2nd-9th June
Special events! Healthy recipes! Active life workshops!
Talks, competitions, concerts ... and more!

EATING DISORDERS - REAL STORIES!
Read Claudia and Nicolás's stories about recovering from eating disorders.

The Digital Storytelling Project
Share your personal stories to work out problems together.